

St. John's Anglican Church

Lunenburg, Nova Scotia

Rector: The Rev. Michael H. Mitchell

*To all who mourn or need comfort ,
 To all who are weary and need rest,
 To all who seek friendship,
 To all who desire to grow in relationship with God
 To all who yearn to pray,
 To all who need a Saviour, And to all whoever will worship,
 This Church of St. John's opens wide its doors
 and in the name of Christ our Lord, says - WELCOME.*



Welcome parishioners and visitors to St. Johns. May your presence today at this Eucharist, bring you refreshment and renewal.

The Spirit Of The Law

How do you experience laws, especially God's commandments? Many people consider them as something coming from outside themselves, as burdens imposed on them. Of course, if they are outside you, you cannot love them, you feel like rejecting them or observe only the absolute minimum required. If we understand that their inspiration is love of God and love and respect for people, then they can become a part of ourselves and live in our hearts.

We are gathered here to listen to the Word of God and to eat from his table. To listen means not simply to hear what the Lord has to say, but to let his Word guide our life. But even our obedience to God's Word should not become a mechanical compliance. God is a God who loves us, who wants to be near to his people. If we respond to his love, our response to him and to his Word and commandments cannot be anything else than a response from the heart, an answer given to him by free and responsible people.

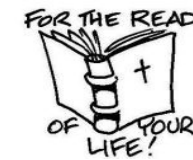
Let us ask the Lord that with generosity and love we may go far beyond the letter of the law. I wish you an enjoyable week. *Michael +*

LAY MINISTERS TODAY

Lay Readers: **8:30 am** Bill Black; **10:30 am** Susan MacMillan, Sharon Green
Lectors: **8:30 am** Barbara Eisenhauer, Mabel Hardiman
10:30am Hazel & Fred Oliver
Sidespersons: Patricia & Fred Rhinelander
Hostesses: Catherine Hanhams & Laura Risser

NEXT SUNDAY SEPTEMBER 6TH

Lay Readers: **8:30 am** Barbara Eisenhauer
10:30 am Roger Demone, Holly Mitchell
Lectors: **8:30 am** Sandra & Ed Jordan
10:30am Eric Pottie, Christina Pottie
Sidesperson: Patricia & Fred Rhinelander
Hostesses: Joy Saunders, Heather Eisenhauer



The Holy Eucharist

Prelude Music

Announcements

The Gathering of the Community

Please stand for Processional Hymn

Processional Hymn #447 Lord, We Hear Your Word

Greeting

Celebrant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

All **And also with you.**

All Almighty God,
**to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Glory To God

Glory to God in the highest, and peace to his people on earth.
Lord God, heavenly king, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father: receive our prayer.
For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

The Collect of the Day

Celebrant Let us pray that we may follow God's commandments in all we do. *The community prays silently. The celebrant says the collect.*

Father, God of the ever-new covenant, you have tied us to yourself with leading strings of lasting love; the words you speak to us are spirit and life. Open our hearts to your words, that they may touch us deeply. May they move us to serve you not in a slavish way but as your sons and daughters who love you and whom you have set free through your Son, Jesus Christ our Lord. **Amen.**

The Proclamation of the Word

A READING FROM THE BOOK OF DEUTERONOMY

Moses said to the people: "Now, Israel, hear the statutes and decrees which I am teaching you to observe, that you may live, and may enter in and take possession of the land which the Lord, the God of your fathers, is giving you. In your observance of the commandments of the Lord, your God, which I enjoin upon you, you shall not add to what I command you nor subtract from it. Observe them carefully, for thus will you give evidence of your wisdom and intelligence to the nations, who will hear of all these statutes and say, 'This great nation is truly a wise and intelligent people.' For what great nation is there that has gods so close to it as the Lord, our God, is to us whenever we call upon him? Or what great nation has statutes and decrees that are as just as this whole law which I am setting before you today?"

Deuteronomy 4:1-2, 6-8

The Word of the Lord. **Thanks be to God.**

PSALM REFRAIN

One who does justice will live in the presence of the Lord.

Whoever walks blamelessly and does justice; who thinks the truth in his heart and slanders not with his tongue. **R**

Who harms not his fellow man, nor takes up a reproach against his neighbour; by whom the reprobate is despised, while he honours those who fear the Lord. **R**

Who lends not his money at usury and accepts no bribe against the innocent. Whoever does these things shall never be disturbed. **R**

Psalms 15:2-3, 3-4, 4-5

A READING FROM THE LETTER OF JAMES

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfilment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures. You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger

does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls. But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act - they will be blessed in their doing. If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world. **JAMES 1:17-27**
The Word of the Lord. **Thanks be to God.**

Gradual Hymn #439 Blest Are the Pure in Heart

Reader The Lord be with you. People **And also with you.**
THE HOLY GOSPEL OF OUR LORD JESUS CHRIST
ACCORDING TO MARK



People **Glory to you, Lord Jesus Christ**

Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around Jesus, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes

asked him, "Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?" He said to them, "Isaiah prophesied rightly about you hypocrites, as it is written, 'This people honours me with their lips, but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines.' You abandon the commandment of God and hold to human tradition." Then he called the crowd again and said to them, "Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person." **MARK 7:1-8, 14-15, 21-23**

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

Sermon

The Creed *With Christians the world over, we profess our faith,*
I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead. On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People *Please kneel or sit for the prayers*
Refrain: Lord, hear our prayer.

Confession and Absolution

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners and invites them to his table.
Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed, by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.

Celebrant

Almighty God have mercy upon you,
pardon + and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life; through Jesus Christ our Lord.

The Peace *All stand, and the celebrant addresses the people.*
The peace of the Lord be always with you.
And also with you. *We greet one another in the name of the Lord.*

The Celebration of the Eucharist

The Preparation of the Gifts

Offertory Hymn #619 Fairest Lord Jesus

Representatives of the parish present the gifts of bread and wine for the Eucharist. Each one as they are able, makes an offering to the Lord for the needs and responsibilities of the Church to be placed on the altar.

As the gifts are received, all sing:

Your work, O God, needs many hands to help you everywhere, and some there are who cannot serve unless our gifts we share. Because we love you and your work, our offering now we make: be pleased to use it as your own, we ask for Jesus' sake.

The Prayer Over The Gifts *Read by celebrant.*

Lord our God, we bring before you our readiness to respond to your love. Strengthen us with the body and blood of your Son Jesus Christ, that with him we may be dedicated to you with our whole mind and heart, and that we may be capable of communicating your love and justice to all those around us. Grant this through Christ our Lord. **Amen.**

The Great Thanksgiving - Eucharistic Prayer

The Lord be with you. **And also with you.**
Lift up your hearts. **We lift them to the Lord.**
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is indeed right to thank you and praise you, holy and gracious God, creator of all things, ruler of heaven and earth, sustainer of life, for you are the source of all goodness, rich in mercy and abounding in love; you are faithful to your people in every generation, and your word endures for ever. We praise you Lord, with all the angels, in their song of joy.

**Holy, holy, holy Lord,
God of power, God of might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

We give thanks to you, Lord our God,
for the goodness and love you have made known to us in creation;
in calling Israel to be your people;
in your Word spoken through the prophets;
and above all in the Word made flesh, Jesus your Son.
For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world.
In him, you have delivered us from evil,
and made us worthy to stand before you.
In him, you have brought us out of error into truth,
out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death,
a death he freely accepted, our Lord Jesus Christ took bread;
and when he had given thanks to you, he broke it,
and gave it to his disciples, and said,
"Take, eat: this is my body which is given for you. Do this for the remembrance of me."
After supper he took the cup of wine;
and when he had given thanks, he gave it to them, and said,
"Drink this, all of you: this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me."

Let us proclaim the mystery of faith.

**We remember his death,
we proclaim his resurrection,
we await his coming in glory.**

We offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.
We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.
In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;
Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours almighty Father, now and forever. **Amen.**

The Lord's Prayer

With Jesus the bread of life, we pray for our daily bread.

**Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread And forgive us our trespasses,
as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The celebrant breaks the consecrated bread for distribution, and says:

We break this bread to share in the body of Christ.

**All We, being many, are one body,
for we all share in the one bread.**

The celebrant invites the people to share in communion and may say,

The gifts of God for the People of God.

People Thanks be to God.

The Communion

**Lamb of God, you take away the sin of the world,
have mercy on us.**

**Lamb of God, you take away the sin of the world,
have mercy on us.**

**Lamb of God, you take away the sin of the world,
grant us peace.**

The celebrant and people receive communion.

The sacrament is given with the following words.

The body of Christ (given for you). The blood of Christ (shed for you).

The communicant responds each time, Amen.

***This community of faith, welcomes to the Lord's table
all who are baptized and who wish to be nourished
with the Body and Blood of Christ.***

(Please join the choir in singing the Communion Hymn)

Communion Hymns #57 Thou, Who at Thy First Eucharist
#649 Breathe on Me, Breath of God

Prayer After Communion

Lord our God, your Son has shared himself with us in this Eucharistic celebration. Give us his Spirit of strength, that we may be always open to doing your will. May we thus fulfill more than the law and serve you as your sons and daughters, in whom you recognize Jesus Christ, your Son and our Lord for ever. **Amen.**

Doxology

Glory to God

whose power working in us

can do infinitely more than we can ask or imagine.

Glory to God, from generation to generation,

in the Church and in Christ Jesus, for ever and ever. Amen.

Blessing & Dismissal

May Almighty God give you the strength to do his liberating will in loving God and in loving your neighbour, and may the blessing of almighty God, the Father, + and the Son, and the Holy Spirit be with you now and always. **Amen.**

Go in peace to love and serve the Lord.

Thanks be to God.

Recessional Hymn #572 Let There Be Light

Postlude:

NOTICES

CONFIRMATION CLASSES BEGIN IN SEPTEMBER

A reminder that Confirmation classes for young people and for adults seeking Confirmation or a renewal of faith, will begin in September. The program will take place on Sundays in September and October, from 5pm - 8pm. ALL ARE WELCOME.

SUMMER MUSIC AT ST. JOHN'S

Suzie LeBlanc, soprano; Mark Simons, clarinet; Robert Kortgaard, piano ~ Saturday, Sept 19 at 7:30 pm

We are pleased to present this concert in association with the Lunenburg Heritage Society

Musical Interludes with Jim Aulenbach in September ~
Mon., Wed., Fri., Sun. at 2:00 pm(except concert days)

Chimes will ring Mon., Wed. and Fri. at 5 pm and on Tues., Thurs. and Sat. at 2 pm.

Our choirs will be delighted to expand ranks and welcome new members. For our Chancel Choir please contact Barbara Butler at 624-0506. First rehearsal for Chancel Choir will be at 7:30 pm on Wednesday, September 9.

For Junior Choir and Handbells, please contact Sharon Hill at 634-8781. First rehearsal for Hand Bell Choir will be at 7:00 pm on Tuesday, September 8 and Jr. Choir at 6:00 pm.

SUNDAY SCHOOL NEWS

Sunday School Registration and classes will commence on **Sunday, September 13 at 10:30 am at the Parish Hall.** We welcome everyone and would encourage parents to bring the children to obtain their religious education, having fun while learning. Everyone is invited to join the Sunday School after the 10:30 worship service for a BBQ.

Volunteers needed for The Arthritis Society's Community Fundraising Campaign

Support Canada's only non-profit organization dedicated to improving the lives of Canadians living with arthritis. All of the collected funds will be used to help the 180,000 Nova Scotians with arthritis. To volunteer or for more information, please contact Kathryn at 1-800-321-1433 ext. 224 or via e-mail: klandry@ns.arthritis.ca

Chronic Pain Management Workshop in Bridgewater

The Arthritis Society is holding a Chronic Pain Management Workshop on September 24th. This is a two hour session where you will learn techniques to deal with pain including: muscle relaxation, handling fatigue, managing stress, exercise, visualization and using medications wisely. The Workshop will be held at the South Shore Regional Hospital (Classroom, 3rd floor), 90 Glen Allan Dr., Bridgewater on Thursday, September 24th from 6:30 - 8:30 pm. The cost is \$5. Pre-registration is required as seating is limited. To register call The Arthritis Society at 1-800-321-1433, Ext 233.

On Sunday September 13th, 2009 join friends and family after Sunday service for food, fellowship and music from 12:00 pm to 3:00 pm. Have brunch wharf side at the Fisheries Museum of the Atlantic as part of the Lunenburg Waterfront Seafood Festival and listen to the musical story of Lunenburg by Glimpses and the Riverport Choir prior to the 3:00 pm Seaman's Memorial Service. The Service will be held under the Festival Tent on Sunday commencing at 3:00 pm. The weekend of September 11-13 is one of celebration as Lunenburg will celebrate its maritime heritage and the legacy of the fishery. Please check out our events at www.sealunenburg.com. Enquiries may be made to: Organizing Committee Lunenburg Waterfront Seafood Festival lwsf@sealunenburg.com

Anglican Cycle of Prayer: The Most Rev'd Dr. John Chew, Archbishop of South East Asia and Bishop of Singapore. Suffragan Bishop of Singapore - The Rt. Rev'd Rennis Ponniah.
Diocesan Cycle: The Parish of Bridgetown - Rev'd Liz Earley and Mel; **The Parish of Clements** - Rev'd Gordon Neish, Priest-In-Charge, and Nellie; **The Parish of Digby-Weymouth** - Rev'd William Burt
Local Ministerial: The Congregation of St. John's Anglican Church and Rev'd Michael Mitchell and Holly.
Fisheries: Adams & Knickle - **Freedom 99**; Clearwater - **Ernest E. Pierce**; LaHave Seafoods - **Cape LaHave**; Ocean Choice - **Destiny**; Tallships - **Concordia, Picton Castle.**

Have a blessed week. We look forward to welcoming you back next week. Here are our numbers if you need to reach us:

PARISH CONTACTS

RECTOR Father Michael H. Mitchell, rectorlunenburg@eastlink.ca

SECRETARY Mary Wagner • Parish Office: 634-4994 • Fax: 634-4231 • Rectory: 634-8477
stjohnslunenburg@eastlink.ca; **Website:** www.stjohnslunenburg.org

PARISH WARDENS

Peter Allen 634-4668 • Stephen Bower 634-8445 • Louise Holdbrook 634-3510

DIRECTOR OF MUSIC/ORGANIST

Barbara Butler 624-0506

HAND BELL/JR. CHOIR DIRECTOR

Sharon Hill 634-8781

HONORARY ASSISTANT ORGANIST

James Aulenbach 634-8035

CHIMER Peter Allen 634-4668

TREASURER Dan Steele 640-2187

ALTAR GUILD Sandra MacDonald 634-4657

PASTORAL VISITATION

Charlene Demone 543-5753

PRAYER & HEALING MINISTRY

Sandra MacDonald 634-4657

SPIRITUAL DEVELOPMENT

Louis Quennelle 527-0122

HERITAGE George Munroe 634-3356

PROPERTY Raymond Francis 634-8487

Stephen Bower 634-8445

LADIES' GUILD Susan MacMillan 634-3019

ACW Barbara Nowe 634-4473

ACW CATERING Patty Tanner 543-3474

LAY READERS Roger Demone 543-5753

SERVERS Sheila Morris 634-3713

YOUTH Alex Knickle 543-7010

SUNDAY SCHOOL Jane Lordly 634-3344

NURSERY Jennifer Green-Heisler 640-2088

TOUR PROGRAM Peter Allen 634-4668

FOOD BANK

Bruce & Louise Holdbrook 634-3510

MEALS ON WHEELS Hazel Oliver 634-3236

PLANNED GIVING Jim Eisenhauer 634-4713

PWRDF Sharon Green 634-8269

REGIONAL COUNCIL Betty Lou Olivier,

Barbara Eisenhauer, Charlene Demone

SYNOD DELEGATES Louis Quennelle,

Grace Swan, Helen Chandler

ST. JOHN'S ARTS & ALLIANCE

Ruth McConnell 634-9994

SEXTON Rod Francis 640-2021

CUSTODIANS Jim & Viola Green 634-4564

WEBSITE Ruth McConnell 634-9994

Newsletter Janice & Brian Kenefick 764-2145